

Resources for Everyone:

General Information about COVID-19:

- **Center for Disease Control – Coronavirus:**
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **World Health Organization – Coronavirus Disease 2019:**
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- **Commonwealth of Massachusetts – Information on the Outbreak of Coronavirus Disease 2019:** <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>
- **Call 2-1-1 for information about COVID-19 and Referrals:**
<https://www.mass.gov/news/state-health-officials-announce-launch-of-2-1-1-to-provide-covid-19-information-and-referrals>
- **Coronavirus Disease 2019 vs. the Flu – John Hopkins Medicine:**
<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/coronavirus-disease-2019-vs-the-flu>

eBooks & eAudiobooks:

- **Overdrive:** Thousands of eBooks, eAudiobooks, digital magazines, and videos for patrons to borrow with your library card (log in with your C/WMARS library card number and password): <https://cwmars.overdrive.com/>
- **Overdrive Kids Reading Room:** This is very similar to regular Overdrive, but limits options just to titles appropriate for children.
<https://cwmars.overdrive.com/library/kids>
- **TumbleBooks:** TumbleBooks are collections of eBooks and eAudiobooks, including collections for children, teens, and adults. TumbleBooks' databases are easy to use, and feature unlimited access from home! You can read as many books as you want, when you want, and on any device. There are no check-outs, holds, or bulky downloads. Books are available instantly! **Access does not require library cards or authentication.**

If you are in Sunderland, click on the direct links to access databases. ***If you are outside of Sunderland***, you may be prompted to enter the usernames and passwords provided for each. Login information will not work to access the TumbleBookLibrary mobile app.

www.TumbleBookLibrary.com – K-6 children's ebook database

Direct

Link: https://www.tumblebooklibrary.com/auto_login.aspx?U=tumble735&P=books

Username: tumble735
Password: books

www.TumbleMath.com – K-6 math ebook database

Direct

Link: <https://www.tumblemath.com/autologin.aspx?U=tumble2020&P=A3b5c6>

Username: tumble2020

Password: A3b5c6

www.TeenBookCloud.com – gr 7-12 ebook database

Direct

Link: <https://www.teenbookcloud.com/autologin.aspx?U=tumble2020&P=A3b5c6>

Username: tumble2020

Password: A3b5c6

www.AudioBookCloud.com – all ages audio book database

Direct

Link: <https://www.audiobookcloud.com/autologin.aspx?U=tumble2020&P=A3b5c6>

Username: tumble2020

Password: A3b5c6

- **Project Gutenberg:** Offers over 55,000 eBooks for computers, Kindles, and most other devices. A smaller eAudiobook collection is also available. https://www.gutenberg.org/wiki/Main_Page
- **LibriVox:** Volunteer read public domain eAudiobooks in a *wide* variety of languages. <https://librivox.org/>

Streaming Videos:

- **Kanopy:** Streaming access to popular, independent, and documentary films. Set up an account with an email address and enter your Sunderland Public Library card number. You'll be provided with free access to 10 films per month, and unlimited access to Kanopy Kids (curated films, TV shows, documentaries, and Story Book Read-Alongs appropriate for children) and Kanopy Courses (online courses on a wide variety of topics). <https://sunderland.kanopy.com/>

Research Databases & Newspapers:

- **Gale Research Databases:** Numerous databases on specific topics. Databases appropriate for children and teens are also available.
https://www.galepages.com/m/lin_w_graves
- **Encyclopedia Britannica Library:** Research database with information available for children, young adults, and adults: <https://library.eb.com/levels>
- **Newsbank:** Access to current and past newspaper articles from Western Massachusetts newspapers, including the Greenfield Recorder, Daily Hampshire Gazette, Berkshire Eagle, Amherst Bulletin, the Valley Advocate, The Republican, and more): https://infoweb.newsbank.com/iw-search/we/Homepage?p_action=doc&p_theme=current&p_nbid=P63J54TQMTU4NDU1ODQ2Mi40NDA0NjE6MToxMzoxNjEuNzcuNDEuMTE3
- **The Boston Globe Newspaper:** Access to Boston Globe articles from 1985 through present:
<https://search.proquest.com/bostonglobe/index?accountid=33643>

Boston Public Library eCard: All Massachusetts Residents can sign up for a free Boston Public Library eCard, which provides you with free access to all Boston Public Library Online Resources.

- Full list of all BPL Online Resources: <https://www.bpl.org/online-resources/>
- Information on the BPL eCard: <https://www.bpl.org/ecard/>

Health Insurance:

- If you are insured, please contact your insurer for the most up-to-date and accurate information about your coverage and COVID-19.
- MA Health Connector is offering extended enrollment for those who are uninsured: <https://www.mahealthconnector.org/>

Attorney General's Office:

- Help with insurance claims or medical bills: 888-830-6277
- Report price gouging or defective products: 617-727-8400
- File a complaint about a potential scam or difficulties negotiating travel refunds:
www.mass.gov/how-to/file-a-consumer-complaint

Help for Small Businesses:

- **Small Business Assistance from the Commonwealth of Massachusetts:**
<https://www.mass.gov/info-details/covid-19-resources-and-guidance-for-businesses>

Help for Employees:

- **Attorney General's Office:** Information about sick time laws: 617-727-3465
- **Unemployment Resources (MA Department of Public Health):**
<https://www.mass.gov/info-details/covid-19-guidance-and-directives#businesses-&-employers->

Avoid Scams: Many scammers are taking advantage of the COVID-19 pandemic to scam people of all ages.

- Please take this advice from the World Health Organization on how to avoid scams: <https://www.who.int/about/communications/cyber-security>
- **Town of Sunderland – Identify Theft and Other Scams:**
<https://www.townofsunderland.us/police-department/pages/identity-theft>
Sunderland Police Department wishes to remind you to only use trusted news sources for information. *“Any and all ideas from previous scams should be remembered. Just because this is a new virus, the scams are not new and are the same & they follow the same type of previous attempts.”* – Chief Erik

Mental Health:

- **Center for Disease Control – Managing Anxiety & Stress:**
https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2F coping.html
- **Shine – Care for your Coronavirus Anxiety:** <https://www.virusanxiety.com/>
- **Substance Abuse and Mental Health Services Administration – Disaster Distress Helpline: 1-800-985-5990** – This is a 24/7, 365 day per year helpline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. It is toll-free, multi-lingual, and confidential.

Internet Access:

- **Comcast Internet Essentials:** Comcast is offering free internet to those who do not have it during the COVID-19 pandemic - <https://www.internetessentials.com/covid19>
- **Sunderland Public Library Free Wi-Fi:** Wireless internet is available in the library's parking lot and backyard during the hours of 8:00 AM – 8:00 PM.